

**GEORGIA COLLEGE & STATE UNIVERSITY
DEGREE PROGRAM and CURRICULUM CHANGES PROPOSAL COVER SHEET**

PROPOSAL: Graduate Certificate in Strength & Conditioning	
COLLEGE: Health Sciences	DEPARTMENT: School of Health & Human Performance
DEGREE:	CIP CODE:
MAJOR:	MINOR:
CONCENTRATION NAME:	PROPOSED EFFECTIVE DATE: (semester/year): Fall 2018
Description and Rationale for Recommended Action (attach additional pages if needed, this description will be shared at all levels in the University, and the University System and SACS Offices):	
See Attached Memo	

Action Item (Check one.)

- New Major, Minor, Certificate, or Concentrations
- Rename Major, Minor, Certificate, or Concentration
- Deactivate/Discontinue Major, Minor, Certificate, or Concentration
- New Degree or Graduation Requirement
- General Education Requirement or Change
- Curricular Change that Impacts Multiple Colleges
- Modify Existing Major, Minor, Certificate, Concentration Requirements

All required documentation must be attached. (Electronic MS Word files with supporting documents are required at each level of review)

Reviewing entity	* * * denotes necessary routing.				Signature and Date	Recommend	*Not Recommended	Reviewed - Information Only
	Major (new, modify, rename, deactivate)	Concentration or Certificate (new, modify, rename, deactivate)	Minor (new, modify, rename, deactivate)	General Education or Curricular Change affecting multiple colleges				
Chair, Department Curriculum Committee	•	•	•	•	<i>Levi M Griffin</i>	X		
Department Office Department Chair	•	•	•	•	<i>Levi M Griffin</i>	X		
Chair, College Curriculum Committee	•	•	•	•	<i>Levi M Griffin</i>	X		
Dean's Office Dean	•	•	•	•	<i>Jalen Baker</i>	X		
Graduate Council (as appropriate for Graduate Curriculum)	•	•	•	•	<i>OTMue</i>	✓		
Curriculum and Assessment Policy Committee of University Senate	•	•	•	•	<i>Sydney Muschel</i>	✓		
University Senate	•	•	•	•				
Academic Affairs Provost Office	•	•	•	•				
President	•	•	•	•				
USG/BOR Review/Information Item	•	•	•	•				
SACSCOC Notification	•	•	•	•				

*A "Not Recommend" recommendation should include reviewer rationale and recommended action.



School of Health & Human Performance

College of Health Sciences

Campus Box 112

Milledgeville, Georgia 31061-0490

Phone (478) 445-4072

Fax (478) 445-4074

MEMO

To: Dr. Costas Spirou, Executive Vice Provost/Academic Affairs and Dean of Graduate Studies
College of Health Sciences

Through: Dr. Sandra K. Gangstead, Dean *Sandra K. Gangstead*
College of Health Sciences

From: Dr. Lisa M. Griffin, Director
School of Health & Human Performance

Date: 10/25/2017

Re: New Graduate Certificate in Strength & Conditioning

In an effort to provide working individuals interested in the professional field of strength and conditioning the opportunity to continue their professional development without having to commit to a new degree program, we have developed a Graduate Certificate in the area. This Graduate Strength and Conditioning Certificate will provide a base of knowledge that will enable those enrolled to enter the profession or enhance their skills in the field. We have found that many of our potential graduate candidates are working full time as teachers and/or coaches and strength & conditioning plays a vital role in their jobs, but they do not feel knowledgeable enough in the field. Their ability to either quit their job or commit to our 36 hour master's program in Human Performance is not feasible. This 15 hour proposed certificate would allow them to gain additional knowledge and skills to assist them in their professional endeavors. Since we currently have a MS degree that focuses on Strength & Conditioning within the Human Performance Concentration, the courses offered for this certificate are already being taught.

Our MS with a concentration in Human Performance program is recognized as a National Strength and Conditioning Association (NSCA) Education Recognition Program (ERP). This is bestowed on nationally approved curricula which recognizes and distinguishes schools with standardized, approved strength and conditioning or personal training curricula in undergraduate and graduate settings designed to prepare students for the NSCA-Certified Personal Trainer® (NSCA-CPT®) and NSCA Certified Strength and Conditioning Specialist® (CSCS®) certifications. This Graduate Certificate in Strength and Conditioning is designed to prepare individuals to sit for the NSCA certification exam as a strength and conditioning specialist (CSCS).

LHG

MILLEDGEVILLE • MACON • WARNER ROBINS

*Georgia College & State University, established in 1889, is Georgia's Public Liberal Arts University.
University System of Georgia*



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**School of Health & Human Performance
Graduate Certificate in Strength and Conditioning
Program of Study**

Course #	Course Name	Credit Hours
KINS 6603	Performance Phys	3
KINS 6613	Methods I	3
KINS 6653	Sport Nutrition	3
KINS 6633	Methods II	3
KINS 6673	Athlete Monitoring	3
KINS 6623	Sport Psych	3
KINS 6643	Program Design	3
KINS 6833	Coaching Strategies	3
KINS 6823	Organization and Administration	3
	Total	15
Yellow - required courses		